



Volunteer Sign-Up Form
2010 Ringling Bros. & Barnum & Bailey Red Nose Run
Saturday, May 22nd, 2010, At Woodall Rodgers Plaza,
N Houston Street & Continental Avenue (Near Victory Park & The West End)
www.dfwrednoserun.com



Check any positions in which you are willing to work. We will do our best to place you in the area selected however we cannot guarantee that area. Thanks for understanding! Please fill out the form and return to Barbara Landry at Barbara.Landry@heart.org or fax to 214-748-1307, attention Barbara Landry. If mailing: American Heart Association, Attention Barbara Landry, 8200 Brookriver Drive, Suite N100, Dallas Texas 75247.

Name _____ Age _____

Address _____ City _____ Zip _____

Contact Phone _____ Cell Phone _____

T-shirt size _____ (Youth Medium, Youth Large, Adult S, Adult M, Adult L, Adult X-Large)

Company _____ Email _____

Have you volunteered with us before? Yes No

Volunteer Opportunities

Flyer distribution - (Saturday/Sunday mornings April 3rd through May 16th times from 7:30am-10:00 am)

Distribute flyers at various races on Sat. /Sun. mornings. Days/times will be confirmed with you.

Participant Bag Assembly - (Friday, May 14th American Heart Association in the morning)

Help assemble and insert promotional pieces into participant bags.

Notification Flyer Distribution - (Sat. May 16th Woodall Rodgers Plaza (Houston & Continental) from 10:00am-12:00pm)

Distribute event notification flyers to all businesses along the run route.

Packet Pickup - Tues., May 18th - Thurs., May 20th (Peak times 11:30am to 1:30pm and 4:30pm to 6:30 p.m.)

Assist in registering runners and handing out run packets to those who have pre-registered. Mark which store and time you are available:

Store/Location:

- Dallas - 5400 E. Mockingbird Lane #114, Dallas Tx 75206
- Richardson - 1469 W. Campbell Road, Richardson Tx 75080
- Coppell - 680 N. Denton Tap Road #400, Coppell Tx 75019
- McKinney - 5180 Eldorado Parkway #200, McKinney Tx 75070

Days Available:

- Tuesday, May 18th
- Wednesday, May 19th
- Thursday, May 20th

Times Available:

- 11:30am to 1:30pm
- 4:30pm to 6:30pm

Ringling Bros. Red Nose Run -Saturday, May 22nd @ Woodall Rodgers Plaza, Dallas (N. Houston & Continental St.)

- Site Set Up (5:00 a.m. - 6:30 a.m.): Need 8 volunteers**
Volunteers will assist in the setup preparations for the sponsor area and event space.
- Registration (6:15 a.m. - 8:00 a.m.): Need 15 volunteers**
Volunteers will distribute race packets to all registered runners and handle day of event registration.
- Course/Direction monitors (7:00 a.m. - last runner/walker passes): Need 30 volunteers**
Volunteers will be placed at strategic points on the route to assure that runners/walkers remain on the correct course.
- Refreshments/Water Station (6:30 a.m. - 10:00 a.m.): Need 30 volunteers**
Volunteers will assist in the distribution of refreshments (at run/event site and one water station on the route).
- Awards/Results posting (8:30 a.m. - 10:15 a.m.): Need 1-2 volunteers**
Volunteers will assist in posting results and assisting with awards.
- Site Clean-up (8:00 a.m. to 11:00 a.m.): Need 6 volunteers**
Volunteers will assist in clean up while event is taking place.
- Site Clean-up & tear down (9:00 a.m. to 11:00 a.m.): Need 6 volunteers**
Volunteers will assist in clean up. During tear down, volunteers will assist in clean up, table & tent tear down.

Volunteer training will be conducted the day of the activity or at the run. Parking for volunteers will be communicated at a later date. All volunteers will receive a cotton event t-shirt and a circus ticket voucher. If you have any specific questions about volunteering, contact **Barbara Landry with the American Heart Association at 214-712-1311 or Barbara.Landry@heart.org. Thank you for participating!**